

# **SOPHIA GIRLS' COLLEGE (Autonomous), Ajmer**



**DEPARTMENT OF HOME  
SCIENCE**

**2024-25**

## Activity 1

# SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER



Department of Psychology in collaboration with  
Department of Home Science, Women Development  
Cell, Personality Development Cell and NSS

is organizing an  
**Interactive Session**

## *Suicide Awareness and Prevention*

### **Resource Person :**

**Dr. Prem Prakash**

Assistant Professor, Psychiatry and  
De addiction Centre, J.L.N. Medical College,  
Ajmer

**Venue:** College Auditorium

**Date:** 9th October 2024

**Time : 1:30 p.m.**

### **Activity Details:-**

- **Date** –09<sup>th</sup> October 2024
- **Level** – Departmental
- **Venue** – Auditorium
- **Title of event** –Suicide Awareness and Prevention
- **No. of Participants**– 229
- **Resource Person** – Dr. Prem Prakash, Assistant Professor, Psychiatry and De addiction Centre, JLN Medical College, Ajmer, Rajasthan
- **Contact No.** – 8302905567

## ➤ Description:-

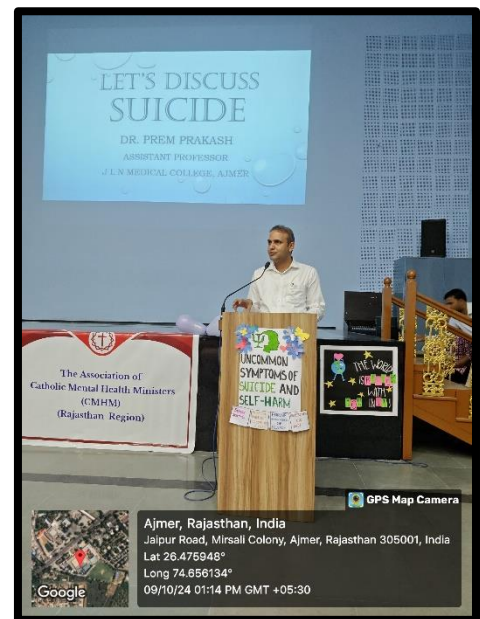
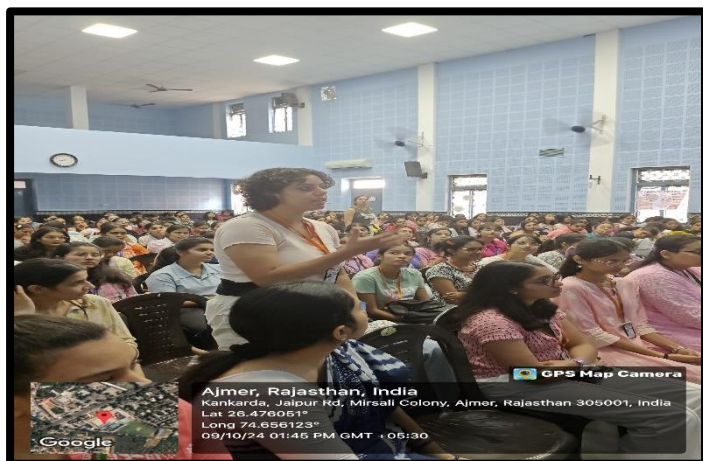
The Department of Psychology of Sophia Girls' College (Autonomous), Ajmer organized an Interactive session on “**Suicide Awareness and Prevention** “by Dr. Prem Prakash, Assistant Professor, Psychiatry and De addiction Centre, JLN Medical College, Ajmer on 09<sup>th</sup>October 2024 at 1:30 p.m. in the College Auditorium.

## ➤ Learning Outcomes

On the completion of the above activity the students will be able to –

1. Understand the importance of Mental Health in the present times
2. Examine the signs, symptoms, prevention and treatment of Suicide

## Photos



## Activity 2



**SOPHIA GIRLS' COLLEGE (Autonomous), AJMER**  
**DEPARTMENT OF HOME SCIENCE**



is organizing  
**Field Trip to Adwait, Early Intervention  
and child development therapy centre**



**Venue: Adwait, Early Intervention  
and child development therapy centre**

**Time: 10:30 A.M.**

**Date: 14th October 2024**

### Activity Details:-

- **Date :** 14<sup>th</sup> October 2024
- **Level :** Departmental
- **Venue:** Adwait, Early Intervention and child development therapy centre, panchsheel Ajmer.
- **Title of the Event:** Field Trip to Adwait, Early Intervention and child development therapy centre
- **Total no. of students:** 27

➤ **Description:-**

On 14<sup>th</sup> October 24, the students of Home Science went for a field trip to Adwait, Early Intervention and child development therapy centre with their play group activities which were prepared by them for the preschool children. They made some interesting things. children were playing with their activities and spent time with them. The students learnt about the methods of teaching for special children. The activities prepared by the students were donated to the institution for further use.

➤ **Learning Objectives:**

1. To provide opportunity and interaction with preschooler and special children.
2. To encourage children to participate in community service, developing a sense of social responsibility.

*Photos*



### Activity 3



**SOPHIA GIRLS' COLLEGE (Autonomous), AJMER**  
**DEPARTMENT OF HOME SCIENCE**

*is organizing*  
*Educational trip to Food Craft Institute,*  
*Ajmer*

***Date: 22nd January, 2025***



***Venue: Food***  
***Craft Institute,***  
***Ajmer***

***Time: 11:00 A.M.***

#### **Activity Details:-**

- **Date:** 22<sup>nd</sup> January 2025
- **Level:** Departmental
- **Venue:** FCI, Vaishali nagar Ajmer.
- **Title of the Event:** A Visit to Food Craft Institute,
- **Total no. of students:** 25

➤ **Description:-**

On 22<sup>nd</sup> January 2025, the students of Home Science went for a visit to FCI, Ajmer. The students learnt about different types of napkin folding and table set ups. The FCI visit was an incredible experience for our students. Our students discovered the magic of food preparation at the FCI .From kitchen safety to plating and presentation, they explored every aspect of the culinary world.

➤ **Learning Objectives:**

1. To provide hands –on experience for children to prepare simple dishes or snacks.
2. To teach the students about different napkin fold

*Photos*

